



**CITY OF
SAN LUIS OBISPO**

Winter | Spring 2017 Classes and Activities List

For more information, call 805-781-7300

Register online at <https://apm.activecommunities.com/sloparksandrec>

AQUATICS

SLO SWIM CENTER (805) 781-7288, **(805) 781-7284** (recorded program information)

All aquatic programs and classes are at the SLO Swim Center in Sinsheimer Park, 902 Southwood Drive.

Registration for all winter/spring Aquatics programs begins on Monday, December 5, 2016. Register Online by visiting www.slocity.org/parksandrecreation. Refunds are not provided for lesson programs, however credits may be provided upon request.

30-Day Rates and Swim Scripts

30-Day Passes

Fees for Aqua Aerobics and Lap Swimming may be paid monthly

\$45 per month – Adults

\$35 per month – Youth/Seniors.

Swim Script

A 10 use pass is available for Aqua Aerobics, Lap Swimming, Therapy/Tot Pool Swimming and Spring Break Recreational Swimming

\$27 per 10-pass - Adults.

\$22.50 per 10-pass - Youth/Seniors

Aqua Aerobics

SLO Swim Center

902 Southwood Drive

For a guided workout, try the shallow water aqua aerobics classes. The class structure and routine may be adapted to individual needs with the assistance of the instructors. This class is designed to combine aerobic conditioning with strength training, muscular endurance and flexibility. The 11:40 am class is conducted in the shallow end of the main pool (80°) and the 5:40 pm class is conducted in the therapy pool (90°).

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Aqua Aerobics seniors	All	Mon-Sat	Ongoing	11:40 am–12:30 pm	\$3/adult, \$2.50/youth & seniors
Aqua Aerobics seniors	All	Mon,Tu,Wed,Fri	Ongoing	5:40–6:30 pm	\$3/adult, \$2.50/youth & seniors

Lap Swimming

SLO Swim Center

902 Southwood Drive

The Lap Swim Program is time that can be utilized for several types of aquatic activities including: swimming, walking, kicking, physical therapy, aqua jogging, triathlon training or working one-on-one with family members.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Lap Swimming \$2.50/youth & seniors	All	Mon-Fri (Long Course)	Ongoing	6:00–8:00 am	\$3/adult,
Lap Swimming \$2.50/youth & seniors	All	Mon-Fri	Ongoing	11:30 am–1:30 pm	\$3/adult,

Lap Swimming	All	Mon-Fri	Jan-June 09	5:30–7:00 pm	\$3/adult, \$2.50/youth & seniors
Lap Swimming	All	Sat (Long Course)	Ongoing	6:30–8:00 am	\$3/adult, \$2.50/youth & seniors
Lap Swimming	All	Sat	Ongoing	11:30 am–1:30 pm	\$3/adult, \$2.50/youth & seniors
Lap Swimming	All	Sun	Jan-June 11	11:30 am–1:30 pm	\$3/adult, \$2.50/youth & seniors

Therapy/Tot Pool Recreational Swimming

SLO Swim Center
902 Southwood Drive

The Therapy/Tot Pool not only offers various programs and unique opportunities, it also accommodates people of all ages. The shallow section of the pool is available for toddlers and accompanying adults, while the deeper section is available for adults and seniors to enjoy the pool for exercise and self-directed activities.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Shallow Area seniors	All	Mon-Sun	Ongoing	11:30 am–1:20 pm	\$3/adult, \$2.50/youth & seniors
Middle Area seniors	All	Mon-Sun	Ongoing	11:30 am–1:20 pm	\$3/adult, \$2.50/youth & seniors
Deep Area seniors	18+	Mon-Sun	Jan-June 11	11:30 am–12:30 pm	\$3/adult, \$2.50/youth & seniors
Deep Area seniors	All	Mon-Sun	Jan-June 11	12:30 pm–1:20 pm	\$3/adult, \$2.50/youth & seniors
Shallow Area seniors	All	Mon-Fri	Jan-June 09	5:30–6:50 pm	\$3/adult, \$2.50/youth & seniors
Middle Area seniors	All	Mon-Sun	Jan-June 11	5:30–6:50 pm	\$3/adult, \$2.50/youth & seniors
Deep Area seniors	18+	Mon-Fri	Jan-June 09	5:30–6:30 pm	\$3/adult, \$2.50/youth & seniors
Deep Area seniors	All	Mon-Fri	Jan-June 09	6:30–6:50 pm	\$3/adult, \$2.50/youth & seniors

Warm Water Exercise Class

SLO Swim Center
902 Southwood Drive

In the warm therapy pool, participants are led through a series of exercises designed to increase range of motion and flexibility. Workout at your own pace and have fun at the same time; there are options of low to high intensity aerobic exercises. This is a great class for adults of any age, including people recovering from injuries and/or arthritic conditions who are capable of participating in a fitness program without assistance.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Water Exercise	All	Mon, Wed, Fri	Jan-June 09	8:00–9:00 am	\$75/20 classes
Water Exercise	All	Mon, Wed, Fri	Jan-June 09	9:00–10:00 am	\$75/20 classes

Spring Swim Lessons: Private

SLO Swim Center
902 Southwood Drive

Private swim lessons are designed to maximize the individual instruction given to each particular student with a one-to-one student/teacher ratio. Semi-private lessons are available for family members or close friends that have students of a similar ability (first student pays full private fee, second student pays at half price). Enroll the first child to secure the spot and call the Parks and Recreation office (781-7300) to assist in enrollment of additional swimmers to the semi-private class. *Group Lessons will not be available during the spring and will start again June 19, 2017.

Note: These lessons are held exclusively in the Therapy/Tot Pool; access to the main pool is may not be available. Swim Lessons will be offered on Memorial Day, Monday, May 29, 2016.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
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Session 1	3+	Mon, Wed, Fri	Feb 27-Mar 10	4:10–4:40 pm	\$65
Session 1	3+	Mon, Wed, Fri	Feb 27-Mar 10	4:45–5:15 pm	\$65
Session 1	3+	Tues, Thurs	Feb 28-Mar 09	4:10–4:40 pm	\$44
Session 1	3+	Tues, Thurs	Feb 28-Mar 09	4:45–5:15 pm	\$44
Session 2	3+	Mon, Wed, Fri	Mar 13-Mar 24	4:10–4:40 pm	\$65
Session 2	3+	Mon, Wed, Fri	Mar 13-Mar 24	4:45–5:15 pm	\$65
Session 2	3+	Tues, Thurs	Mar 14-Mar 23	4:10–4:40 pm	\$44
Session 2	3+	Tues, Thurs	Mar 14-Mar 23	4:45–5:15 pm	\$44
Session 3	3+	Mon, Wed, Fri	Apr 03-Apr 14	4:10–4:40 pm	\$65
Session 3	3+	Mon, Wed, Fri	Apr 03-Apr 14	4:45–5:15 pm	\$65
Session 3	3+	Tues, Thurs	Apr 04-Apr 13	4:10–4:40 pm	\$44
Session 3	3+	Tues, Thurs	Apr 04-Apr 13	4:45–5:15 pm	\$44
Session 4	3+	Mon, Wed, Fri	Apr 17-Apr 28	4:10–4:40 pm	\$65
Session 4	3+	Mon, Wed, Fri	Apr 17-Apr 28	4:45–5:15 pm	\$65
Session 4	3+	Tues, Thurs	Apr 18-Apr 27	4:10–4:40 pm	\$44
Session 4	3+	Tues, Thurs	Apr 18-Apr 27	4:45–5:15 pm	\$44
Session 5	3+	Mon, Wed, Fri	May 08-May 19	4:10–4:40 pm	\$65
Session 5	3+	Mon, Wed, Fri	May 08-May 19	4:45–5:15 pm	\$65
Session 5	3+	Tues, Thurs	May 09-May 18	4:10–4:40 pm	\$44
Session 5	3+	Tues, Thurs	May 09-May 18	4:45–5:15 pm	\$44
Session 6	3+	Mon, Wed, Fri	May 22-June 02	4:10–4:40 pm	\$65
Session 6	3+	Mon, Wed, Fri	May 22-June 02	4:45–5:15 pm	\$65
Session 6	3+	Tues, Thurs	May 23-June 01	4:10–4:40 pm	\$44
Session 6	3+	Tues, Thurs	May 23-June 01	4:45–5:15 pm	\$44

Spring Break Recreational Swimming

SLO Swim Center
902 Southwood Drive

During Spring Break, the SLO Swim Center will be open at peak hours for prime enjoyment on Tuesday and Friday during spring break. The main pool and the Therapy/Tot pool are both available for use during Recreational Swim time.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Rec Swimming	All	Tues & Fri	Apr 18 & 21	1:45–3:30 pm	\$3/adult, \$2.50/youth & seniors

American Red Cross Lifeguard Training

SLO Swim Center
902 Southwood Drive

Here is your chance to take a great class, with the benefit of becoming an American Red Cross certified. The Lifeguard Course includes instruction of in-water lifeguard skills, First Aid to meet Title 22 requirements, and CPR/AED for the Professional Rescuer. Classes are held on Saturdays and Sundays for a two-week session. Participants must be able to attend ALL class sessions. Make-up classes are not available.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Session 1	15+	Sat, Sun	April 22-April 30	8:00 am–7:00 pm (1 hr. lunch)	\$200
Session 2	15+	Sat, Sun	May 13-May 21	8:00 am–7:00 pm (1 hr. lunch)	\$200

Summer Swim Lessons Swim Assessment

SLO Swim Center
902 Southwood Drive

Free swim assessment day for the Summer Swim Lesson program. There will be two dates for participants to practice and test their swimming abilities. Instructor will gauge swimmer abilities and recommend the appropriate level for registration for summer swim lessons.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Assessment #1	3-17	Saturday	March 11	2:00-3:30 pm	Free
Assessment #2	3-17	Saturday	April 8	2:00-3:30 pm	Free

Summer Junior Lifeguard Camp Swim Assessment

SLO Swim Center
902 Southwood Drive

Free swim assessment day for the new Summer Program Junior Lifeguard Camp. There will be two dates for participants to attempt the swim assessment for the Junior Lifeguard program at the SLO Swim Center. The assessment will consist of 100-yard swim (50 free, 50 breaststroke), swim under water 10 yards, tread water for 1 minute, and exit the pool not using a ladder. There will be a question and answer session for the new Junior Lifeguard Camp on the days of the swim assessment.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Assessment #1	11-15	Saturday	March 11	3:30-5:00 pm	Free
Assessment #2	11-15	Saturday	April 8	3:30-5:00 pm	Free

Community Services

Historic Jack House & Gardens

Historic Jack House
536 Marsh Street

Guided tours of the Jack House interior and gardens are conducted by volunteer docents specially trained in the history of the Jack family and this turn-of-the-century estate. The old-fashioned gardens, complete with a charming gazebo, full catering facility and stage area, may be reserved Saturdays and Sundays for weddings, concerts and other private gatherings. For more information visit: <http://www.slocity.org/government/department-directory/parks-and-recreation/jack-house-and-gardens> or call (805) 781-7222

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Jack House Tours	All	Sun	May-Dec	1-4pm	\$5; Free/under 12

Art After Dark

Historic Jack House
536 Marsh Street

Hundreds of visitors converge on downtown SLO to see new art exhibits and add to their growing collections. With dozens of galleries and non-traditional exhibit spaces, it's SLO's favorite night of the month to celebrate art for free! A typical Art After Dark will spotlight the best of established and emerging local artists. There may also be featured works of nationally and internationally acclaimed artists.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Art After Dark	All	1 st Fri/Month	Ongoing	6:00 pm – 9:00 pm	FREE

Egg Hunt

Laguna Lake Golf Course
11175 Los Osos Valley Road

Hippity Hoppity! Join the Bunny for an exciting adventure while searching for prize filled eggs in the Historic Jack House Gardens.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Egg Hunt	0-8	Sat	Apr 15	11am	FREE

Mother's Day Concert

Historic Jack House & Gardens
536 Marsh Street

Enjoy an afternoon of music in the serene Jack House Gardens. Take a tour of the historic Victorian home. All mothers attending receive a complimentary flower. Tours are free to families with three generations present.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Concert	All	Sun	May 10	1-4pm	\$5/tour, Free/kids (under 12 yrs.)

SLO SKATE PARK

1050 Oak St

Santa Rosa Park
1050 Oak Street

Protective gear required. Rules and Regulations listed on the fence and enforced by Park Rangers and SLOPD. For more information, visit www.sloskatepark.org.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Skate Park	All	Mon-Sun	Ongoing	7:00 am - 10:00 pm	FREE

Skate Camp

SLO Skate Park
1050 Oak Street

Skate camps and classes are designed to help beginner skaters learn new skills and utilize skate park terrain in a safe and supervised environment. Beginners have only just started riding and may know one or two tricks, but have not yet mastered them. These classes will focus on proper stance, balance, park etiquette, and introductory skills. Required: helmet, knee and elbow pads, athletic shoes, sunscreen and water. T-shirt and snack included.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Spring Break Skate Camp	5-13	Mon-Wed	Apr 17 - 21	8:30 am – 10:30 am	\$75

Drivers Education: online

Online

Drivers Education is required by the State of California in order to receive a driver's license. This class is the first step in obtaining a driver's permit. Coursework may be completed online at any time of day or night. DMV-accepted certificates are issued upon successful completion of the course. Class does not include behind-the-wheel driving or training.

PROGRAM	AGES	DAY	DATE	TIMES	COST
Online Course	14-18	Mon-Sun	Jan 1 – May 30	Any	\$40

Music Lessons:

Grand Central Music and Conservatory
3220 Broad Street.

These private one-on-one lessons are tailored specifically to the student's style and level of musicianship. Lessons are once a week at four times a month. Times will vary. Instructors will contact students to schedule lesson times. Custom-built teaching rooms are fully equipped. **An additional \$25 materials fee is payable to the instructor on the first day of class.**

PROGRAM	AGES	DAY	DATES	TIMES	COST
Four ½ Hour Music Lessons	ALL	Mon-Sat	Jan	TBD	\$120
Four ½ Hour Music Lessons	ALL	Mon-Sat	Feb	TBD	\$120
Four ½ Hour Music Lessons	ALL	Mon-Sat	Mar	TBD	\$120
Four ½ Hour Music Lessons	ALL	Mon-Sat	Apr	TBD	\$120
Four 1 Hour Music Lessons	ALL	Mon-Sat	Jan	TBD	\$240
Four 1 Hour Music Lessons	ALL	Mon-Sat	Feb	TBD	\$240
Four 1 Hour Music Lessons	ALL	Mon-Sat	Mar	TBD	\$240
Four 1 Hour Music Lessons	ALL	Mon-Sat	Apr	TBD	\$240

Surfing:

Surfing Lessons with Sandbar Surf Company

Pismo Beach

Summer is in the air and there is no better place to be than the beach! Sandbar Surf School's Camps are designed for both children and adults. Whether learning for the first time or experienced and looking to pick up tips from a professional, expect quality instruction, dynamic curriculum and a safety first attitude from well-versed instructors. Wetsuits and surfboards are provided to fit every profile and ability level. See you at the beach! Choose which day of the week you'd like to start your lesson and enjoy the ride!

PROGRAM	AGES	DAY	DATES	TIMES	COST
5 Day Camp	7+	Mon-Sun	Jan 1 – May 30	8:45 am – 11 am	\$285
3 Day Camp	7+	Mon-Sun	Jan 1 – May 30	8:45 am – 11 am	\$186
1 Day Camp	7+	Mon-Sun	Jan 1 – May 30	8:45 am – 11 am	\$67

Fitness Boot Camp
Fit by Nature Boot Camp
Meadow Park Building
2333 Meadow Street

Come reap the rewards and revel in the power of your own body. This class will be a circuit based boot camp workout using functional and dynamic movements that will help train your body for life. Workouts are new and fresh every time and will always challenge you and will be held mostly outside. There will be equipment such as BOSU, ropes, medicine balls, swiss balls, sandbags, TRX bands, resistance bands and the best equipment of all: your body! Although this is not a class for beginners, it is a class that can be modified for many fitness levels. You'll need a yoga mat you don't mind getting a little dirty, a sweat towel (because you'll do plenty of that), athletic shoes, wear layered clothing and a good attitude. Classes run just over one hour and are \$18/class twice a week for a 6-week camp. See you at workout!

PROGRAM	AGES	DAY	DATES	TIMES	COST
Boot Camp 1	18+	Jan 10 – Feb 14	Tue/Thu	6:30 am	\$198/camp
Boot Camp 1	18+	Jan 10 – Feb 14	Tue/Thu	9:00 am	\$198/camp
Boot Camp 2	18+	Feb 21 – Mar 28	Tue/Thu	6:30 am	\$216/camp
Boot Camp 2	18+	Feb 21 – Mar 28	Tue/Thu	9:00 am	\$216/camp

Music
The Joy of Music
Ludwick Community Center
864 Santa Rosa Street

This class is an original approach to teaching and inspiring self-esteem in young children through singing, movement, and rhythm work using instruments from around the world while gaining a global music appreciation. The class allows for strong boundaries of respect within the music circle that allow for a freedom of expression wherein each child is honored.

PROGRAM	AGES	DAY	DATES	TIMES	COST
The Joy of Music	5-9	Tue	Jan 3 – May 30	3:45 pm – 5:00 pm	\$20/class

Kidz Love Soccer
French Park
1040 Fuller Road

Parent & Me classes are a fun and positive introduction to soccer for our youngest players and their parents! Our age-appropriate and field tested curriculum engages youngsters with entertaining activities that promote motor skill development and cognitive ability. With a parent participating by their side, kids will have fun learning basic soccer skills like chasing, running, kicking and listening. All participants will receive a Kidz Love Soccer Jersey! In case of inclement weather, call the Kidz love soccer **Rain-Out Hotline at 1-888-372-5803**.

PROGRAM	AGES	DAY	DATES	TIMES	COST
Parent and Me	2-3.5	Sat	Feb 11 – Apr 4	9:00 am - 9:30 am	\$96

Kidz Love Soccer
Islay Hill Park
1151 Tank Farm Road

Kick and pass! Pre-Soccer helps youngsters develop a lifelong love of soccer while they begin to learn playing on a team. Our curriculum includes energetic, all-inclusive games that teach young kids the basics about playing with a group. In addition to building their soccer skills, Pre-Soccer kids begin learning the fundamentals of good sportsmanship through sharing, passing and being aware of other players. All participants will receive a Kidz Love Soccer Jersey! In case of inclement weather, call the Kidz love soccer **Rain-Out Hotline at 1-888-372-5803. No class Feb 20.**

PROGRAM	AGES	DAY	DATES	TIMES	COST
Tot/Pre Soccer	3.5-5	Mon	Jan 30 – Mar 27	4:45 pm – 5:20 pm	\$96
Tot/Pre Soccer	3.5-5	Sat	Feb 11 – Apr 1	9:40 am – 10:15 am	\$96

Kidz Love Soccer

Islay Hill Park
1151 Tank Farm Road

Time to scrimmage! Soccer 1 teaches all the basics of soccer — dribbling, passing, receiving, shooting and everything in between. Soccer 1 is well-suited to the first-time player, while still being fun and engaging for kids who already have soccer experience. In Soccer 1, youth will begin playing small-sided scrimmages where they will learn more about teamwork and playing as part of a group. Our instructors keep the atmosphere fun, friendly and non-competitive, making sure that all the kids feel good about their abilities. All participants will receive a Kidz Love Soccer Jersey! In case of inclement weather, call the Kidz love soccer **Rain-Out Hotline at 1-888-372-5803. No class Feb 20.**

PROGRAM	AGES	DAY	DATES	TIMES	COST
Soccer 1	5-6	Mon	Jan 30 – Mar 27	4:00 pm – 4:45 pm	\$96
Soccer 1	5-6	Sat	Feb 11 – Apr 1	10:15 am – 11:00 am	\$96

Kidz Love Soccer

Islay Hill Park
1151 Tank Farm Road

Kidz 7-10 years of age will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels are welcome to come enjoy the world's most popular game! Each participant receives a soccer jersey. Shin guards are required. All participants will receive a Kidz Love Soccer Jersey! In case of inclement weather, call the Kidz love soccer **Rain-Out Hotline at 1-888-372-5803.**

PROGRAM	AGES	DAY	DATES	TIMES	COST
Soccer 2	7-10	Sat	Feb 11 – Apr 1	11:00 am – 11:45 am	\$96

Gymnastics:

Rollie Pollie 5-Class Pass

Performance Athletics Gymnastics
4484 Broad St.

This 45 minute class is specially designed to promote bonding and attachment between baby and caregiver while laying a foundation for a lifetime of movement. This class will provide 30 minutes of guided activities that encourage sensory processing, eye tracking, gross and fine motor development, strength, and coordination by using songs, finger plays, gymnastics equipment, and props to explore movement. The last 15 minutes is designated free time for review as well as time for caregivers to connect and share with one another. Coed. **Please call 48 hours in advance to reserve your spot at 805-547-1496.**

PROGRAM	AGES	DAY	DATES	TIMES	COST
Rollie Pollie 5-Class Pass	Birth-Crawling	Thu	Jan 5 – Apr 27	9:30-10:15 AM	\$30

Gymnastics:

Inchworms 5-Class Pass

Performance Athletics Gymnastics
4484 Broad St.

This class is designed for infants crawling-walking. This 45 minute class will provide opportunities to practice rolling, crawling, balancing, climbing, and strength building activities in a playful, socially enriched environment. Caregiver and baby will enjoy bonding through songs, finger plays, using gymnastics equipment, and props. Babies will enjoy challenging themselves while exploring movement in our creative and safe class. Coed. **Please call 48 hours in advance to reserve your spot at 805-547-1496.**

PROGRAM	AGES	DAY	DATES	TIMES	COST
Inchworms 5-Class Pass	Crawling-Walking	Fri, Sat	Jan 5 – Apr 27	Fri 9:30-10:15 AM Sat 12:15-1:00 PM	\$30

Gymnastics:
Gym Bugs 5-Class Pass

Performance Athletics Gymnastics
4484 Broad St.

The education and promotion of wellness, self-esteem, and physical health is the goal at Performance Athletics. Children ages 3-4 are placed in an independent class running 55 minutes in length, while Parent Participation is required for children under 3. Parent Participation classes run 45 minutes in length. Coed. **Please call 48 hours in advance to reserve your spot at 805-547-1496.**

PROGRAM	AGES	DAY	DATES	TIMES	COST
Gym Bugs 5-Class Pass	Walking-4 years	Mon-Sat	Jan 5-Apr 27	TBD	\$60

Gymnastics:
Introduction to Gymnastics 5-Class Pass

Performance Athletics Gymnastics
4484 Broad St.

Introduction to Gymnastics brings fun and fitness together; increasing your child's self-confidence as they improve their strength, flexibility, coordination and gymnastic skill fundamentals. Students will be introduced to basic skills on men and women's gymnastics apparatus, as well as trampoline, tumbling, silks, and agility. Classes are 1 hour long. Coed. **Please call 48 hours in advance to reserve your spot at 805-547-1496.**

PROGRAM	AGES	DAY	DATES	TIMES	COST
Intro to Gym 5-Class Pass	5-12	Mon-Sat	Jan 5 – Apr 27	TBD	\$60

Gymnastics:
Active 8! 5-Class Pass

Performance Athletics Gymnastics
4484 Broad Street.

Get fit and have fun in our Active8 class! This class is geared for participants ages 8-14, boys and girls. This class offers introductory skills in both men's and women's gymnastics events, tumble and trampoline, agility and acrobatics! Improve strength, flexibility, and coordination in a fun and safe environment. Coed. **Please call 48 hours in advance to reserve your spot at 805-547-1496.**

PROGRAM	AGES	DAY	DATES	TIMES	COST
Active8! 5-Class Pass	8-14	Tue, Fri	Jan 5 – Apr 27	Tue 4:30-5:30 Fri 3:30-4:30	\$60

Gymnastics Camps:
Performance Athletics Gymnastics
4484 Broad Street.

Come join the fun with gymnastics training for all levels! Experience not necessary. Beginners through advanced, everyone will feel welcome and have something to learn. Children will fine-tune their current skill-set have and have fun learning new ones! Coed.

PROGRAM	AGES	Day	DATES	TIMES	COST
Spring Gymnastics Camp	4-14	Mon-Fri	Apr 17 - 21	9:30am-2:30pm	\$150

Shaolin Kempo
SLO Senior Center
1445 Santa Rosa St.

The Shaolin Chaun Fa (Kempo) system is a linear, power-based and circular technique-based martial art. Beginner: white (newcomers) and yellow belts; advanced participants have a solid foundation and are very experienced with Kempo.

PROGRAM	AGES	DAY	DATES	TIMES	COST
Beginner Kempo	4+	Tue, Thu	Jan 5-31	5:20-6:00 PM	\$60
Beginner Kempo	4+	Tue, Thu	Feb 2-28	5:20-6:00 PM	\$60
Beginner Kempo	4+	Tue, Thu	Mar 2-28	5:20-6:00 PM	\$60
Beginner Kempo	4+	Tue, Thu	Apr 4-27	6:00-7:00 PM	\$60
Beginner Kempo	4+	Tue, Thu	May 2-25	6:00-7:00 PM	\$60
Advanced Kempo	9+	Tue, Thu	Jan 5-31	6:00-7:00 PM	\$80
Advanced Kempo	9+	Tue, Thu	Feb 2-28	6:00-7:00 PM	\$80
Advanced Kempo	9+	Tue, Thu	Mar 2-28	6:00-7:00 PM	\$80
Advanced Kempo	9+	Tue, Thu	Apr 4-27	6:00-7:00 PM	\$80
Advanced Kempo	9+	Tue, Thu	May 2-25	6:00-7:00 PM	\$80

Mini Melodies presents Music Together® Classes

(Tue) Lyrics and Melodies Studio
550 E. Foothill Blvd.
(Wed) Central Coast Gymnastics
21 Zaca Ln.

Experience Mini Melodies classes using the Music Together® program, the acclaimed international research-based music and movement program for infants, toddlers and the adult caregivers who love them. Adults learn to identify, interpret and support musical development in their children in a beautiful atmosphere of community. A live, playful, interactive class flowing with songs, dance, chants and instrumental jam sessions, the prelude to a lifetime of musical enjoyment. **All participants will receive a Music Together® Songbook, CD, and a code to access the Music Together Family Music Zone online! Parent participation required. \$80 for additional sibling, \$0 for sibling under 8 months.**

PROGRAM	AGES	DAY	DATES	TIMES	COST
Mini Melodies Presents Music Together®	0-5	Fri	Jan 13 – Mar 17	3:00 pm – 3:45 pm	\$165
Mini Melodies Presents Music Together®	0-5	Fri	Jan 13 – Mar 17	4:00 pm – 5:00 pm	\$165
Mini Melodies Presents Music Together®	0-5	Fri	Apr 14 – June 23	3:00 pm – 3:45 pm	\$165
Mini Melodies Presents Music Together®	0-5	Fri	Apr 14 – June 23	4:00 pm – 5:00 pm	\$165

Tennis: Tennis Training

TBD

Conditioning and fitness are some of the benefits for those who participate in the high-energy sport of tennis. This activity is available to all ages and ability levels. Guided training and assistance is provided to support any goal, from the development of basic skills to top competition. Consultation with instructors is available. *Multilingual instruction in English, Spanish, and Italian are available.*

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Youth Lessons and Training	8-16	Mon	Jan 9, 16, 23	3-4 p.m.	\$25
Adult Lessons and Training	17+	Mon	Jan 4, 11, 18	4-5 p.m.	\$25
Tennis Lessons and Training	8-16	Wed	Jan 6, 13, 20	3:00-4:00pm	\$25
Tennis Lessons and Training	17+	Wed	Jan 6, 13, 20	4:00-5:00pm	\$25
Tennis Lessons and Training	8-16	Mon	Feb 1, 8, 15	3:00-4:00pm	\$25
Tennis Lessons and Training	17+	Mon	Feb 1, 8, 15	4:00-5:00pm	\$25
Tennis Lessons and Training	8-16	Wed	Feb 3, 10, 17	3:00-4:00pm	\$25
Tennis Lessons and Training	17+	Wed	Feb 3, 10, 17	4:00-5:00pm	\$25
Tennis Lessons and Training	8-16	Mon	Mar 7, 14, 21	3:00-4:00pm	\$25
Tennis Lessons and Training	17+	Mon	Mar 7, 14, 21	4:00-5:00pm	\$25
Tennis Lessons and Training	8-16	Wed	Mar 9, 16, 23	3:00-4:00pm	\$25
Tennis Lessons and Training	17+	Wed	Mar 9, 16, 23	4:00-5:00pm	\$25
Tennis Lessons and Training	8-16	Mon	Apr 4, 11, 18	3:00-4:00pm	\$25
Tennis Lessons and Training	17+	Mon	Apr 4, 11, 18	4:00-5:00pm	\$25
Tennis Lessons and Training	8-16	Wed	Apr 6, 13, 20	3:00-4:00pm	\$25
Tennis Lessons and Training	17+	Wed	Apr 6, 13, 20	4:00-5:00pm	\$25

Tennis Lessons and Training	8-16	Mon	May 2, 9, 16	3:00-4:00pm	\$25
Tennis Lessons and Training	17+	Mon	May 2, 9, 16	4:00-5:00pm	\$25
Tennis Lessons and Training	8-16	Wed	May 4, 11, 18	3:00-4:00pm	\$25
Tennis Lessons and Training	17+	Wed	May 4, 11, 18	4:00-5:00pm	\$25

Private Tennis Training

TBD

Conditioning and fitness are some of the benefits for those who participate in the high-energy sport of tennis. This private lesson is available to all ages and ability levels. Guided training and assistance is provided to support any goal, from the development of basic skills to top competition. Consultation with instructors is available. *Multilingual instruction in English, Spanish, and Italian are available.*

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Private Lessons	All	Mon	Jan 4, 11, 18	2-3 p.m.	\$50
Private Tennis Lessons and Training	tbd	Wed	Jan 6, 13, 20	2:00-3:00pm	\$50
Private Tennis Lessons and Training	tbd	Mon	Feb 1, 8, 15	2:00-3:00pm	\$50
Private Tennis Lessons and Training	tbd	Wed	Feb 3, 10, 17	2:00-3:00pm	\$50
Private Tennis Lessons and Training	tbd	Mon	Mar 7, 14, 21	2:00-3:00pm	\$50
Private Tennis Lessons and Training	tbd	Wed	Mar 9, 16, 23	2:00-3:00pm	\$50
Private Tennis Lessons and Training	tbd	Mon	Apr 4, 11, 18	2:00-3:00pm	\$50
Private Tennis Lessons and Training	tbd	Wed	Apr 6, 13, 20	2:00-3:00pm	\$50
Private Tennis Lessons and Training	tbd	Mon	May 2, 9, 16	2:00-3:00pm	\$50
Private Tennis Lessons and Training	tbd	Wed	May 4, 11, 18	2:00-3:00pm	\$50

GOLF

LAGUNA LAKE MUNICIPAL GOLF COURSE (805) 781-7309

The City of San Luis Obispo's 10 hole, executive length course offers a unique wellness and entertainment opportunity for the whole family. You can play a round in under 2 hours. Views from the course include Cerro San Luis, Bishop's Peak and Irish Hills. Whether a beginner, junior or accomplished golfer, the low fees, family atmosphere, quality maintenance, fun merchandise, and super friendly staff make this 10 hole course a community gem. Keep a look out for new events, programs and changes happening at your LLGC.

Open all Winter Long! Last Tee time approximately 30 minutes before sunset. Last rentals, 2 hours prior to close.

The 11th Hole Grill is now open at Laguna Lake Golf Course. Fresh, made-to-order food, soft drinks, adult beverages, and daily specials. Breakfast served all day long and burgers that made to order! Come by and say hello to The Achievement House crew. Open at 8:00 am until 4:00 pm, seven days a week

WINTER TWILIGHT HOURS!! Twilight now begins at 1:00 p.m.!! Come and receive up to 33% off your green fee and still have time to finish before dark!

NEW FAMILY RATE!! Bring the family in for a round of pure fun. Watch your child smile as they hit a line drive, sink that putt, or find your golf ball in the rough. Group can be no larger than a foursome and include up to three people under the age of 18, accompanied by an adult. Only \$20.00, all day every day.

SPECTATOR FEE IS NO MORE!! Here at LLGC there is no charge for spectators to walk along. Introduce your kids or grandkids to golf and give your wife or husband the morning off. Come develop some priceless memories. Electric cart fees apply.

Reserve Tee Times Seven Days in Advance On-Line at www.lagunalakegolfcourse.org

The Laguna Lake Municipal Golf Course is located at 11175 Los Osos Valley Road. For more information on the City golf course, tee times and affiliated golf programs, call 781-7027 or go on-line www.lagunalakegolfcourse.org Tee times are accepted seven days in advance.

Laguna Lake Golf Course Fees: (Visa/MasterCard/AmeX accepted)

All fees subject to change July 1, 2016

10 HOLE FEES

	SENIOR (55+), YOUTH (under 18),	
	REGULAR	STUDENT* / MILITARY*
Monday–Thursday	\$11.00	\$9.00 * I.D. Required
Friday–Sunday	\$12.00	\$10.00
Replay	\$6.75	\$6.75
New Off Peak (M-Th, 12 p.m.- 3 p.m.)	\$10.00	\$9.00
Twilight Time (after 1 p.m.)	\$8.25	\$8.25
Family Plan (Adult plus 3 kids)	\$20.00	
Super Seniors (90+)	FREE	FREE

Kids Play FREE on Saturdays with paying adult and tee time

10 Play Cards are Available for Purchase - \$82.50 for Seniors / \$97.50 for Adults

– Look for our mid and end of year 10 play card sales! Not to be missed.

Power Golf Carts: \$7 per person

Pull Carts available for \$3 per person

Club Rentals Available for \$3.00 for Youth and \$6 Adults
ADA Adaptable Cart Available

Tournaments

Laguna Lake Golf Course
11175 Los Osos Valley Rd

A 10 or 20 hole tournament is great fun! Tournaments are ideal for special occasions, such as birthday parties, fund raisers and any other social gatherings. A newly renovated, no cost barbecue facility is available. To schedule a tournament or rent facilities, please call 781-7027.

Clubs and Groups

Several groups and clubs meet at the Laguna Lake Golf course to play and socialize. Find more information on their webpages linked below.

Laguna Lake Ladies' Golf Club <http://lagunalakeladiesgolfclub.com/up-coming-events/>

Laguna Lake Mens' Golf Club <http://lagunalakegolf.org/>

Golf Instruction with PGA Professional Terri Benson

Laguna Lake Golf Course
11175 Los Osos Valley Rd

Whether a beginner, building a golf swing from scratch, or a scratch player in need of fine tuning, take control of the golf game through lessons. Developed over 20 years of private and group instruction, Terri's enthusiastic instruction empowers golfers with the understanding of each swing. Call 781-7027 for information and to schedule a lesson.

PROGRAM	AGES	COST
Private Lessons - Adults		
Half-Hour Lesson	18+	\$45.00
Half-Hour Lesson Series (3 Lessons)	18+	\$100.00
9-Hole Playing Lesson (Video Analysis Included)	18+	\$90.00

PROGRAM	AGES	COST
Private Lessons - Juniors		
Half-Hour Lesson	3-18	\$30.00
Half-Hour Lesson Series (3 Lessons)	3-18	\$75.00
9-Hole Playing Lesson (Video Analysis Included)	3-18	\$90.00

GOLF: SPECIAL EVENTS

Egg Hunt

Laguna Lake Golf Course
11175 Los Osos Valley Road

Hippity Hoppity! Join the Bunny for an exciting adventure while searching for prize filled eggs in the Historic Jack House Gardens.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Egg Hunt	0-8	Sat	Apr 15	11am	FREE

SLO Teens at Laguna Lake Golf Course

Come join SLO Teens at LMS after school every day, especially Wednesdays to take an adventure over the road to LLGC. Enjoy a snack of ice cream and/or French fries before having some fun with golf. Instruction is provided if desired and all equipment is available. You will have fun in this class. Sign up through Youth Services. Class is FREE with \$10 yearly membership.

PROGRAM	AGES	DAY	DATES	TIMES	COST
SLO Teens	11-13	Wed	January 4 – June 7	3:30 pm – 4:30 pm	FREE

Night Golf

Yes, you read that correctly. Come try the new craze under a full moon. We will provide all the equipment you will need – just bring your clubs and \$5 deposit on your UV Glow Ball. Fun for all ages – kids through active older adults. Feel like you are playing golf on the moon. Also available for a birthday party package (for any age). Tee Times are very limited – get in quick.

PROGRAM	AGES	DAY	DATE	TIMES	COST
Night Golf	5-99	Thurs	Feb 9	8:00 pm – 10:00 pm	\$10.00
Night Golf	5-99	Thurs	Mar 9	7:00 pm – 10:00 pm	\$10.00
Night Golf	5-99	Thurs	Apr 6	7:00 pm – 10:00 pm	\$10.00

Pink Tournament – Benefit for Making Strides Against Breast Cancer

Laguna Lake Golf Course is proud to present the first charity tournament that will sure to leave you with a big smile, fun experience and the knowledge you did it all for a great cause. Series of 2 events will have fun games within the game, mulligans, ‘buy a throw’ and string to help you have a fun day. Space is limited to 40 teams so hurry and sign up early for the great cause. All net proceeds donated to Making Strides Against Breast Cancer in SLO.

PROGRAM	AGES	DAY	DATES	TIMES	COST
Spring	16+	Friday	May 5	8:00 am-5:00 pm	\$120/team 4

Teed Off – Parent/Grandparent -Child Golf Tournament

Laguna Lake Golf Course is proud to present a unique tournament at your very own LLGC. Format will be 10 holes of fun, in teams of two with your mum or dad. Space is limited to 40 people so hurry and sign up early. Fun prizes and sure to be a memorable time. Benefit for First Tee.

PROGRAM	DAY	DATES	TIMES	COST
Parent-Kid Tournament	Sunday	Feb 12	9:00 am - 1:00 pm	\$30/team 2
Parent-Kid Tournament	Sunday	April 30	9:00 am - 1:00 pm	\$30/team 2

Senior Tournament – Over the Green

Laguna Lake Golf Course is proud to present tournament at your very own LLGC for the 50+. Format will be 20 holes of fun, individual play. Divisions will include men's and women's first timers and many timers. Space is limited to 40 people so hurry and sign up early. Prizes for lowest Gross and Net.

<u>PROGRAM</u>	<u>AGES</u>	<u>DAY</u>	<u>DATES</u>	<u>TIMES</u>	<u>COST</u>
Over the Green	50+	Friday	March 24	9:00 am - 1:00 pm	\$20

GOLF: PROGRAMS

Laguna Lake Golf Course
11175 Los Osos Valley Rd

The First Tee Central Coast

The First Tee and Laguna Lake Golf Course present an extraordinary youth golf program. The 10 week program offers instruction to youth about golf, along with life-enhancing values which may be used on and off the golf course. All equipment is provided if needed. For more information, call 781-7309.

Discounts provided for registering for both session and sibling rates. www.thefirstteecentralcoast.org

<u>PROGRAM</u>	<u>AGES</u>	<u>DAY</u>	<u>DATES</u>	<u>TIMES</u>	<u>COST</u>
Winter Program					
1 st Tee – Beginner	4-17	Tues	Jan 10 – Mar 14	3:30 pm – 5 pm	\$125.00
1 st Tee - Advanced	4-17	Thurs	Jan 12 – Mar 16	3:30 pm – 5:00 pm	\$125.00
Spring Program					
1 st Tee – Beginner	4-17	Tues	Apr 11 – June 13	3:30 pm – 5:00 pm	\$125.00
1 st Tee - Advanced	4-17	Thurs	Apr 13 – June 15	3:30 pm – 5:00 pm	\$125.00

Junior Golf Program

Taught by David Figueroa

Laguna Lake Golf Course
11175 Los Osos Valley Road

Looking for something fun to do after school? Walk on over to the Laguna Lake Golf Course and join the new golf program, offered only to Middle School students!! The main goals are to learn and improve the shots and then to learn the game. This means we want to get on the course as soon as possible as this is where the game is played. The 5 week course will teach the FUNdamentals, course play, etiquette, a few rules and much more. The class is taught by former Director of Junior Golf in Sweden, David Figueroa. A sure way to have fun after school while learning the great game of golf. Clubs available during class time, but it's fine to bring your own if you'd like. Space is limited to 10 kids per class.

<u>PROGRAM</u>	<u>AGES</u>	<u>DAY</u>	<u>DATES</u>	<u>TIMES</u>	<u>COST</u>
Session 1					
Junior Golf-beginner	7 th & 8 th grade	Fri	Jan 20 - Feb 24	3:30 pm-4:30 pm	\$45.00
Session 2					
Junior Golf-beginner	7 th & 8 th grade	Fri	Mar 10 – Apr 14	3:30 pm-4:30 pm	\$45.00

GOLF: SENIORS

Free 1st time Golf for Seniors at LLGC

Laguna Lake Golf Course
11175 Los Osos Valley Rd

Seniors come try out Laguna Lake Golf course for the first time – on us. We will provide you with a 10 hole round of golf, a push cart, a set of clubs and a bucket of range balls - FREE of charge. We also have an ADA golf cart on site. Please call 781-7309 to reserve your tee time now. We look forward to seeing you here!

Super Seniors – 90+ GOLF FOR FREE

Laguna Lake Golf Course
11175 Los Osos Valley Rd

We love our seniors! Here at Laguna Lake Golf Course, active adults over 90 years of age play golf for FREE. Additional rentals are discounted at 50% of normal senior rate. Call us today for a round.

RANGERS

Trail Workdays:

Feb 20 – Islay Hill @ Sweet Bay, 9 am
March 5 – Johnson Ranch, 9 am
March 19 – Irish Hills @ Prefumo, 9 am
April 2 – Cerro San Luis, 9 am
April 16 – Stenner Springs, 9 am
May 14 – Bowden Ranch, 9 am

Ranger Led Hikes:

Feb 21 – Stenner Springs, 1 pm
March 6 – Bishop Peak @ Patricia 1 pm
April 3 – Johnson Ranch, 1 pm
May 15 – South Hills @ Exposition, 1 pm

SENIORS

55+ Meetings and Clubs (805) 781-7306

For more information on the Active Adults program for Senior-Citizens and Boomers, unless otherwise noted, please call 781-7306 or visit the Senior Center at 1445 Santa Rosa Street, Monday through Friday, 9:00 a.m. to 4 p.m.

Executive Board Meetings

Senior Center
1455 Santa Rosa St

The San Luis Obispo Senior Center Executive Board addresses the recreational needs and concerns of Senior Center members, as well as organizes events in conjunction with the Parks and Recreation Department. Board meetings are held monthly; representatives from user groups at the center as well as the general public are all encouraged to attend. To be placed on the agenda call the Senior Center at 781-7306 at least seven days prior to the meeting.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Board Meetings	55+	2 nd M	Ongoing	9:30 am	FREE

Food Bank

Senior Center
1455 Santa Rosa St

The Brown Bag program provides a monthly bag of groceries for eligible individuals. Bags are distributed at the Senior Center and available for low income seniors in the City of San Luis Obispo. Recipients must show proof of San Luis Obispo residency.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Brown Bag	All	3 rd Tue	Ongoing	9:00 am	FREE

Gem and Mineral Club

Senior Center
1455 Santa Rosa St

The Gem and Mineral Club is a unique find. Enjoy sharing and learning about gems and stones through group discussions and mineral exploration.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Gem and Mineral	55+	1 st Tue	Ongoing	7:00 pm - 9:45 pm	FREE

General Membership Luncheons

Senior Center
1455 Santa Rosa St

Enjoy monthly presentations while eating a nutritious meal with friends. To make a lunch reservation, call the Senior Center at 781-7306.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Senior Luncheons	55+	3 rd Wed	Ongoing	12:00 pm - 1:00 pm	\$10 for members; \$12 non-members

Pinochle and other Games

Senior Center
1455 Santa Rosa St

Pick-up a card game and take pleasure in the company of others. Socialize and teach others favorite card games or join in on-going games.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Card Games	55+	F	Ongoing	11:30 pm - 4:00 pm	FREE

Roundtable Readers

Senior Center
1455 Santa Rosa St

Explore literary adventures and tales with other insightful readers. Various authors, topics and novels are discussed each month, giving the opportunity to critique and analyze wondrous and obscure pieces of literature.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Roundtable	55+	2 nd Wed	Ongoing	7:00 pm – 8:30 pm	FREE

Book Club

Senior Center
1455 Santa Rosa St

The Group reads books from the San Luis Obispo County Library “Book Club in a Box” program. Charter members have first chance for the 10 books, however anyone who has read the book or wants to get their own copy is welcome to attend the discussion.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Book Club	55+	4 th Mon	Ongoing	11:00 am	FREE

Silver Streaks

Senior Center
1455 Santa Rosa St

Looking for a volunteer opportunity? Volunteer with Silver Streaks, a group that provides mailing services to non-profit organizations within San Luis Obispo.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Silver Streaks	55+	1 st , 4 th , 5 th Thu	Ongoing	9:00 am	FREE

Adult Wellness and Prevention Screening

Senior Center
1455 Santa Rosa St

Take good care of yourself! Services include: monitoring of blood pressure, pulse and weight; finger prick blood test screening for anemia, blood sugar and cholesterol; nutritional and lifestyle counseling. No appointment needed; first come, first-served. Call 544-2484, ext. 1 for more information.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Health Services	55+	2 nd Thu	Ongoing	9:30 am – 11:30 am	FREE

Bingo

Senior Center
1455 Santa Rosa St

Come join the fun! Bingo is a great way to include play in your day and get to know other members of the community. Drop-ins are always welcome.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Bingo	55+	Wed	Ongoing	9:00 am	\$2.50/buy-in

Brain Aerobics

Senior Center
1455 Santa Rosa St

Taught by Sonja Glassmeyer

Remember, it’s only hard until it’s easy. Join the group for challenging mental exercises, puzzles, facts and techniques to strengthen and challenge the functioning power of the brain, all presented in a fun way that stimulate brain development.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Brain Aerobics	55+	1 st Mon	Ongoing	10:25 am	FREE

Bridge: Duplicate Bridge

Senior Center
1455 Santa Rosa St

This game keeps your mind young by exercising gray cells. Several opportunities throughout the week to meet and play bridge. Lessons offered.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Duplicate Bridge	All	Mon, Fri	Ongoing	12:30 pm	\$4/game
Duplicate Bridge	All	Wed	Ongoing	6:15 pm	\$4/game

Duplicate Bridge	All	2 nd Sat	Ongoing	12:30 pm	\$4/game
Lessons	All	Mon	Ongoing	11:15 am	FREE

Mahjong

Senior Center
1455 Santa Rosa St

Learn how to use pongs, Kongs and chows to win the Filipino version of this classic tile game. Beginners welcome.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Mahjong	All	Thu	Ongoing	1:00 pm - 3:00 pm	FREE

Exercise Class

Senior Center
1455 Santa Rosa St

Take a few moments to energize the body in a safe and encouraging environment. Chair exercises and gentle stretching in this program will keep muscles active and strong.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Exercise Class	55+	Tue, Thu	Ongoing	10:00 - 11:00 am	FREE

Health Insurance Counseling and Advocacy Program

Senior Center
1455 Santa Rosa St

Free, unbiased assistance for anyone needing guidance with Medicare coverage: new enrollment, change plans, resolve claims problems, and counseling about Long Term Care Insurance. By appointment only (928-5663)

PROGRAM	AGES	DAYS	DATE	TIMES	COST
HICAP	55+	Thr	Ongoing	12:00 - 4 pm	Free

Legal Services

Senior Center
1455 Santa Rosa St

Have a legal question and need an expert? This is your opportunity to get a professional's assistance. Call (805)543-5140 to schedule a 30 minute appointment.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Legal Services	55+	2 nd Fri	Ongoing	9:30 am, by apt.	FREE

Around The Town (Locations'' TBD)

Trips organized by the Executive Senior Board to local area of interest are great fun. Please call 781-7306 for more information.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Local Places	55+	2 nd Fri	Ongoing	10:00 am	Possible donation

Writing Class

Senior Center
1455 Santa Rosa St
Taught by Dorothy Yelda

Take this class and learn how to write about your personal story.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Writing Class	55+	Tue	Ongoing	1:00 pm	Free

Senior Center Golf

Senior Center
1455 Santa Rosa St

Active SLO Senior Center Member are invited to Laguna Lake Golf Course every **third Monday** from **1:00 pm** to **3:00 pm** for free play. Senior Center members have access to putting and chipping area plus driving range free of charge. LLGC will provide all equipment needed for a fun time on the links.

Program	AGES	DAYS	DATES	TIMES	COST
Senior Center Golf	55+	3 rd Mon	Ongoing	1:00 -3:00 pm	Free

SPORTS

Futsal

Taylor Gym & Local Elementary School Gymnasiums
San Luis Obispo, Ca.

Futsal is a version of indoor soccer. The Parks and Recreation Department, in collaboration with the SLO County YMCA, offer this unique indoor soccer program. Volunteer coaches needed please contact the YMCA. Practices and games are held in the afternoon and early evening. Practice times and locations are determined by coaches. **Registration must be completed through the SLO County YMCA website at www.sloymca.org.**

AGES	REG	DAYS	DATES	TIMES	COST
5-17	Jan 3-Feb 28	TBD	April 14-June 2	TBD	\$80.00 before Jan 31 Starting Feb 1 \$90

Jr. Giants

Emerson Park
1341 Nipomo Street
San Luis Obispo, Ca.

Throop Field
525 Cerro Romauldo Avenue
San Luis Obispo, Ca.

Junior Giants is a non-competitive baseball program that focuses on building confidence, teamwork, integrity and leadership skills. Junior Giants, for boys and girls, uses baseball as a tool to teach and encourage positive character development. All participants and their families must attend Mandatory Orientation. The exact Junior Giants locations and times will be discussed at the orientation. Games will be played on Saturdays. Call (805) 781-7305 for more information. Register online at www.juniorgiants.com

AGES	REG	DAYS	DATES	TIMES	COST
5-12	March 21- June 23	Tues – Thurs	June 20- Aug 10	4:00 p.m. – 5:30 p.m.	Free

SPORTS: TEEN

For Laguna Middle School Sports: Volleyball, Track and Cross Country contact Laguna Middle School at (805) 596-4055.

SPORTS: ADULT

Pickleball

Ludwick Community Center
864 Santa Rosa Street
San Luis Obispo, Ca

Meadow Park Basketball Court
2333 Meadow Street
San Luis Obispo, Ca

French Park Basketball Court
1035 Fuller Rd
San Luis Obispo, CA

Come learn how to play Pickle Ball. Pickle Ball is Americas Fastest Growing Sport. It is like tennis, but played on a smaller court. Easy to learn....serve underhand....great exerciselow impact. So just come and drop in and play.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Ludwick	All	Wed	Jan-May	12 p.m. - 2 p.m.	FREE
PROGRAM	AGES	DAYS	DATES	TIMES	COST
Meadow Park	All	Mon, Wed, Fri	Jan-May	9:00 a.m. - 11:30 a.m.	FREE
PROGRAM	AGES	DAYS	DATES	TIMES	COST
French Park	All	Tues,Thurs	Jan-May	9:00 a.m. - 11:30 a.m.	FREE

DROP- IN Boomer Softball

Santa Rosa Park
1150 Oak St.
San Luis Obispo, Ca

EL Chorro Softball Fields
2990 Dairy Creek Rd Highway 1
San Luis Obispo, Ca

Bring a bat and glove and meet at Santa Rosa Park for a game of softball. Players may join on a drop-in basis. **November 24th through February 16 meet at EL Chorro Regional Softball Field. Santa Rosa will be closed .**

AGES	DAYS	DATES	TIMES	COST
50+	Tue	Jan- May	10:00 a.m. -1:00 p.m.	FREE

Coed 18+ Soccer

Damon-Garcia Sports Field
680 Industrial Way
San Luis Obispo, CA 93401

The Parks and Recreation Department has teamed up with Central Coast Soccer to offer an adult co-ed league for all levels. Players may sign-up as an individual or register as a group of three. For more information and to register visit www.ccsoccer.com.

AGES	REG	DAYS	DATES	TIMES	COST
18+	Oct 10-Nov 5	Tues	Dec 13-Feb 21	6 pm -10 pm	\$67
18+	Dec 15-Jan 20	Tues	Feb 28-May 9	6 pm -10 pm	\$73

Men's 35+ Soccer

Damon-Garcia Sports Field
680 Industrial Way
San Luis Obispo, CA 93401

The Parks and Recreation Department is partnering with Central Coast Soccer to offer a soccer league for men ages 35+, designed to be fun for players of all levels. Players may sign-up as an individual or register as a group of five. For more information and to register visit www.ccsoccer.com.

AGES	REG	DAYS	DATES	TIMES	COST
35+	Oct 10-Nov 5	Thurs	Dec 15-Feb 23	6 pm -10 pm	\$111
35+	Dec 15-Jan 20	Thurs	Mar 2-May 11	6 pm -10 pm	\$111

Women's Soccer

Damon-Garcia Sports Field
680 Industrial Way
San Luis Obispo, CA 93401

Once again, the Parks and Recreation Department has teamed up with Central Coast Soccer to offer a soccer league for adult women that's designed to be fun for players of all ability levels. Players may sign up as an individual or register as a group of five. For more information and to register visit

www.ccsoccer.com.

AGES	REG	DAYS	DATES	TIMES	COST
35+	Oct 10-Nov 5	Thurs	Dec 15-Feb 23	6 pm -10 pm	\$111
35+	Dec 15-Jan 20	Thurs	Mar 2-May 11	6 pm -10 pm	\$111

Drop- In Volleyball

Ludwick Community Center
864 Santa Rosa St.
San Luis Obispo, Ca.

Drop in and pick up a game of volleyball with other volleyball enthusiasts!

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Indoor Volleyball	All	Mon & Wed	Jan-May	7:00 p.m. -9:00 p.m.	FREE
Indoor Volleyball	All	Sun	Jan-May	7:30 p.m. -9:30 p.m.	FREE

Recreation Softball League

EL Chorro Softball Fields
2990 Dairy Creek Rd Highway 1
San Luis Obispo, Ca

Santa Rosa Park
1150 Oak St.
San Luis Obispo, Ca.

The spring softball season includes men's, coed with lower, middle and upper divisions of play in each league. Games take place weekday nights. Adult Softball Rain-Out Hotline: 781-7301.

AGES	REG	DAYS	DATES	TIMES	COST
16+	January 30-Feb 17	Mon-Fri	Mar 6-May 26	6:30 p.m. – 10:00 p.m.	\$465

Drop In-Table Tennis

Ludwick Community Center
864 Santa Rosa St.
San Luis Obispo, Ca.

Table tennis is open to all ages and ability levels. Table Tennis is played on an ongoing basis, three times a week.

PROGRAM	AGES	DAYS	DATES	TIMES	COST
Table Tennis	All	Tue, Thur	Jan-May	7:00 p.m. -10:00 p.m.	FREE
Table Tennis	All	Sun	Jan-May	4:00 p.m. - 7:00 p.m.	FREE

Ultimate Pick-Up

Damon Garcia Sports Fields
680 Industrial Way
San Luis Obispo, CA

Ultimate Pick-Up is sponsored by CC Ultimate and the Parks and Recreation Department. Ultimate Pick-Up combines the non-stop movement and athletic endurance of soccer with the aerial passing skills of football. Ultimate Pick-Up is governed by Spirit of the Game™, a tradition of sportsmanship that places the responsibility for fair play on the players rather than referees. Bring a light and dark colored shirt, cleats and water each week. Must be pre-registered. Rain will cancel.

AGES	REG	DAYS	DATES	TIMES	COST
16+	Nov 28-Feb 28	Tues	Dec 13-Feb 28	6:30 p.m. -9:00 p.m.	\$10/per player

16+ Feb 6-May 2 Tues Mar 7-May 2 6:30 p.m. -9:00 p.m. \$10/per player

SPORTS: SPECIAL EVENTS

38th Annual San Luis Obispo Triathlon

Sinsheimer Park
900 Southwood Drive
San Luis Obispo, Ca

Come be a part of a SLO Tradition! The annual SLO Triathlon is a community favorite that draws in over 1,000 participants. This short-course event, consisting of a 0.5 mile pool swim, 15 mile bike and 3.1 mile run, focuses on completion rather than competition. The SLO Triathlon accommodates everyone from the novice participant to the seasoned triathlete.

AGES	REG	DAYS	DATES	TIMES	COST
15+	Apr 22-July 14	Sun	July 23	7:00 a.m.	\$75/person, \$135/team (2-3 per team)

YOUTH SERVICES

(805) 781-7289

San Luis Obispo Parks and Recreation Youth Services Division believes that each child is unique and special. Every child is celebrated and provided tools for success in a safe, supportive environment. All youth will have the opportunity to build long-lasting relationships with peers of all ages and participate in a non-biased curriculum. Trained staff will guide children in developing assets: tools and skills for succeeding in any situation. Whether children attend on a regular basis or just drop in on an as needed basis, they will be welcomed into the program.

REGISTRATION FOR 2016-17 SCHOOL-AGE PROGRAMS (805) 781-7289

Registration for the 2016-17 school year began in Spring, accommodating returning families, incoming Kinders, and all other new families. For families not yet enrolled, registration opened August 1 at the Parks and Recreation Office, given available space. If a program is full, please ask to be added to the wait list. Registration into the program or the wait list, must be completed in person. All paperwork must be completed by parent or legal guardian.

COST \$60/one-time, per child registration fee

Drop-In: \$4/hour

A minimum of 10 hours deposit required for each program/child (Morning Care, Sun 'N Fun/Club STAR afterschool care)

Monthly: \$105/month - Morning

\$190/month - After-School; (\$275 May/June)

Kinder Program fees vary by site, per month.

Program Fees do NOT include Minimum Day Care - Families will need to enroll separately for care during Minimum Days 6 weeks prior.

SCHOOL-AGE PROGRAMS (805) 781-7289

PROGRAM SITES

at Local School Sites

Bishop's Peak Elementary School
451 Jaycee Drive

C.L. Smith Elementary School
1375 Balboa Street

Hawthorne Elementary School
2125 Story Street

Pacheco Elementary School
261 Cuesta Drive

Sinsheimer Elementary School
2755 Augusta Street

Sun 'N Fun

Various Local Elementary School Sites

Sun 'N Fun, *licensed by the State of California Community Care Licensing*, offers children a safe place to play, while providing opportunities for children to learn new skills and foster relationships with caring adults. Professional and highly trained staff members provide engaging curriculum, quality care and an active daily schedule. Each program must meet minimum enrollment. Sun 'N Fun accommodates children at the following local elementary schools: *Bishop's Peak, C.L. Smith, Hawthorne, Pacheco, and Sinsheimer Elementary*. Families may choose to register for monthly OR hourly options but

may not register for both. Once registered for one option, families may only switch with Supervisor's permission - 1 time per school year. *Program fees DO NOT include care during minimum days/conference week. *If minimum enrollment is not met for each program time, program will be cancelled and refund given.* **Sun 'N Fun is closed on all legal and school holidays. Open registration began August 1 and is on-going thereafter.**

PROGRAM	GRADES	DAYS	DATES	TIMES*
Morning	K-6		Mon-Fri Aug 22-June 8	7:00am - 8:30am (until 8:15am at Hawthorne)
Transitional KinderTK			Mon-Fri Aug 22-June 8	TK Release* - 2:50pm (*may be combined with Kinder program)
Kinder	K		Mon-Fri Aug 22-June 8	Kinder Release-2:50pm (until 2:40pm at Hawthorne)
After-School	K-6		Mon-Fri Aug 22-June 8	2:50pm - 6:00pm (2:40pm - 6:00pm at Hawthorne)

***all dates and times are based on most recent information from the San Luis Coastal Unified School District and are subject to change**

COST \$60/one-time, per child registration fee

Drop-In: \$4/hour

A minimum of 10 hours deposit required for each program/child.

Monthly: \$105/month - Morning

\$160/month - After-School October - April monthly payments

\$280/month - After-School Aug/Sep and May/June payments

\$170/Month -Transitional Kinder Program (Bishop's Peak and C.L Smith only)

Kinder Program fees vary by site, per month.

*All fees subject to change

** Monthly fees for Kinder and Sun 'N Fun After-School do NOT include care during Minimum Day Care. Must register and pay for separately.

Bishop's Peak Kinder- Fees Vary by Month -

December: \$160

January: \$65

February: \$80

March: \$105

April: \$70

May/June: \$150

C.L. Smith Kinder- Fees Vary by Month

December: \$75

January: \$65

February: \$80

March: \$80

April: \$50

May/June: \$120

Hawthorne Kinder - Fees Vary by Month

December: \$55

January: \$50

February: \$60

March: \$80

April: \$50

May/June: \$90

Pacheco Kinder - Fees Vary by Month

December: \$70

January: \$50

February: \$65

March: \$95
 April: \$60
 May/June: \$140

Sinsheimer Kinder- Fees Vary by Month
 December: \$75
 January: \$65
 February: \$85
 March: \$105
 April: \$70
 May/June: \$145

Club STAR (Students Taking Active Responsibility)

Various Local Elementary School Sites

Positive, engaging youth development is at the core of Club STAR. Four pillars guide Club STAR: **S**upport, **T**aking responsibility, **A**cademics and **R**ecreation. Club STAR accommodates children at the following local elementary schools: *Bishop’s Peak, C.L. Smith, Hawthorne, Pacheco, and Sinsheimer Elementary. Program fees DO NOT include care during minimum days/conference week. *If minimum enrollment is not met for each program time, program will be cancelled and refund given. Club STAR is closed on all legal and school holidays. Open registration began August 1 and is on-going thereafter.*

PROGRAM	GRADES DAYS	DATES	TIMES
Club STAR	4-6	Mon-Fri Aug 22-June 8	2:50pm – 6:00 pm (2:40pm - 6:00pm at Hawthorne) (will combine with Sun ‘N Fun at 5:00pm)

COST \$60/one-time, per child registration fee
 Drop-In: \$4/per hour
A minimum of 10 hours deposit required for each child.
 Monthly: \$160/month - After-School October - April monthly payments
 \$280/month - After-School Aug/Sep and May/June payments
 ** Monthly fees for Club STAR do NOT include care during Minimum Day Care. Must register and pay for separately.

NEW! MINIMUM DAY CARE PROGRAM

Various Local Elementary School Sites

Due to high attendance and capacity limitations mandated by Community Care Licensing, families needing care during Minimum Days (Teacher Conference) days, must register and pay separately. Families may choose which days they need care. All withdrawals and transfers of days must be received 5 business days prior to first day of Minimum Day Care Program. To request refund or transfer, contact Youth Services Coordinator. Package price includes care from 1:00pm - 3:30pm. After 3:30pm, families will have hours deducted from balance on site. Minimum Day Care Program is only open to children enrolled in Sun ‘N Fun or Club STAR, with a positive balance on account. Registration opens January 17 and runs through February 17 for February dates. It will close February 24 for March dates.

PROGRAM	GRADES DAYS	DATES	TIMES	
Minimum Day Care	TK-6	Th, F	Feb. 23-24	1:00pm - 3:30pm
		M-F	Mar. 6-10	1:00pm - 3:30pm

COST \$10/per day that care is needed and registered

REGISTRATION FOR 2017-18 SCHOOL-AGE PROGRAMS (805) 781-7289

New! This year registration for the 2017-18 school year will take place in Spring. Please note, the process has changed to accommodate the families we serve. Priority if given to families in the following order: 1) returning families (currently

enrolled), 2) incoming Kindergarten families, 3) new families (not currently enrolled, not incoming Kinder), 4) all families from the previous list who miss their registration period.

Early Bird Registration - Returning Families

at Local School Sites

Bishop’s Peak Elementary School
451 Jaycee Drive

C.L. Smith Elementary School
1375 Balboa Street

Hawthorne Elementary School
2125 Story Street

Pacheco Elementary School
261 Cuesta Drive

Sinsheimer Elementary School
2755 Augusta Street

For all families who are currently enrolled in Club STAR or Sun ‘N Fun, you will be able to register for care for the 2017–18 school year at YOUR PROGRAM SITE during designated hours. Staff will walk you through checking your packet, completing updated forms (only available at program site) and collecting fees to reserve your spot for next year (payment must be check, money order or credit card). Staff will only be available to assist with registration during times listed above. Registration must be completed by parent/guardian.

Families who do not enroll during this priority enrollment period may register after School Year registration opens on **August 1, 2016**. Families must have a positive balance on account to enroll - and end the year with a positive balance. If families end with a negative balance, spot will be forfeited.

Current balances at the program site may NOT be used to pay for next year’s care.

PROGRAM	GRADES	DAYS	DATES	TIMES
EBRD: Returning Families	Entering	1–6	Mon–Fri	Apr. 18–22 11am–1 pm and 4pm–6pm

COST \$60/one-time, per child registration fee

Drop-In: \$4/hour

A minimum of 10 hours deposit required for each program/child (Morning Care, Sun ‘N Fun/Club STAR afterschool care)

Monthly: \$105/month - Morning

\$275/month - After-School Aug/Sep and May/June payments

Program Fees do NOT include Minimum Day Care - Families will need to enroll for care during Minimum Days 6 weeks prior.

Early Bird Registration - Incoming Kindergarten and New Families

at Parks and Recreation Office
1341 Nipomo Street

Youth Services staff will be at Kinder Round Ups for each school site. Following the Round Ups, incoming Kinder (or Transitional Kinder) families may enroll for care for the 2017–18 school year. Registration will take place at the Parks and Recreation Office. Please expect to spend 1–2 hours during registration. Child care is not provided. Families will be responsible for paying for child care for the upcoming year at the time of registration, in order to reserve spot. Families will

need to pay registration fees and a deposit of hours for each period care is needed (see below for specifics). Childcare packets will be available at Kinder Round Ups.

***Families of children new to Sun 'N Fun or Club STAR (not those currently enrolled) can enroll during the June 3 time, given available space. Families who do not enroll during this Early Priority period will be able to register after August 1, 2017, given available space.**

PROGRAM	GRADES	DAYS	DATES	TIMES
Bishop's Peak and Hawthorne ONLY EBRD: Incoming Families	Entering TK/K	FRI	May 6	7:30am - 12pm
CL Smith and Sinsheimer ONLY EBRD: Incoming Families	Entering TK/K	FRI	May 27	7:30am - 12pm
Pacheco and New Families ONLY EBRD: Incoming Families	Entering TK/K	FRI	June 3	7:30am - 12pm

COST \$60/one-time, per child registration fee

Drop-In: \$4/hour

A minimum of 10 hours deposit required for each program/child (Morning Care, Kinder/TK Care and Sun 'N Fun/Club STAR afterschool care).

Program Periods: Morning: 7 am - school start time
 Transitional Kinder: 12:15 pm - 2:50 pm (at participating schools)
 Kinder: Kinder Release - 2:50 pm
 Sun 'N Fun/Club STAR afterschool: 2:50 - 6 pm (programs combine at 5 pm)

Monthly: Fees to be determined

Kinder Program fees vary by site, per month.

*All fees subject to change

Program Fees do NOT include Minimum Day Care - Families will need to enroll for care during Minimum Days 6 weeks prior.

TEEN PROGRAMS (805) 781-7447

SLO Teens

Laguna Middle School (Room G-5)
 11050 Los Osos Valley Road

The SLO Teens After School Program provides supervised activities for middle school students (7-8 graders) in a safe, fun and positive environment, where focus on healthy habits are emphasized through engaging activities and positive peer and staff interactions. SLO Teens includes homework assistance, healthy snacks, diverse activities and service learning opportunities. Teens participate in a monthly "Brag-It Party" to celebrate achievement of personal goals. Teens will also be able to sign up for optional field trips, including Wednesday lessons at the Laguna Lake Golf Course. **SLO Teens is closed on all legal and school holidays.**

PROGRAM	GRADES	DAYS	DATES	TIMES	COST
SLO Teens	7-8		Mon-Fri Aug 22-June 8	3:00pm - 5:30pm	\$10/school year

YOUTH ACTIVITIES

Teacher Work Day Camp “Space Odyssey”

Bishop’s Peak Elementary School
451 Jaycee Drive

Blast off into a day of science, discovery, art, games, engineering and FUN! School age children will enjoy the day full of hands-on activities, including: guest speakers, rocket launchers, toothpick constellations, foil space creations, and more! Package day price includes all activities and two snack. Pre-registration required; limited space available.

PROGRAM	GRADES	DAYS	DATES	TIMES
Teacher Work Day TK-6		F	Jan. 13	7am-6pm
Cost: \$40 until Jan. 6, \$50/Jan. 7-Jan. 10				

Kids’ Night Out

Ludwick Community Center
864 Santa Rosa Street

Join the Youth Services gang for a night of super-fun! Staff will provide children, in grades TK-6, a themed night of fun, including: music, crafts, games, pizza dinner, and a showing of the movie, “Finding Dory.” Dinner served at 6:30pm; movie (optional viewing) will start at 7:15 pm. All children must be signed in and out by an adult (PHOTO ID REQUIRED FOR PICK UP). **New this year: register online or in office ONLY - NO DOOR REGISTRATION WILL BE ALLOWED. Registration closes Wednesday, Mar. 1 at 5:30 pm. Registration paperwork MUST be completed by parent/guardian.**

PROGRAM	GRADES	DAY	DATE	TIMES	COST
Kids’ Night Out	K-6	Fri	Mar. 3	6:00pm-9:00 pm	\$15/per child

YOUTH ACTIVITIES: Carnival “Family Fun Night”

Santa Rosa Park
1050 Oak St

In honor of the amazing families we serve, Youth Services invites all families registered for Sun ‘N Fun, Club STAR and SLO Teens to a night of old-fashioned carnival games (with some new twists on old-favorites) and bounce-house fun. Popcorn and cotton candy will be provided. Families may also choose to purchase a pizza and drink. Registration not necessary; event open to all families of children enrolled in Youth Services programs. All families will be required to complete a waiver for participation at the door, or bring with you.

PROGRAM	GRADES	DAY	DATE	TIMES	COST
Family Carnival	K-8	Fri	TBD - May	6:00pm - 7:30pm	FREE for enrolled families

CAMPS

Teacher Work Day Camp “Space Odyssey”

Bishop’s Peak Elementary School
451 Jaycee Drive

Blast off into a day of science, discovery, art, games, engineering and FUN! School age children will enjoy the day full of hands-on activities, including: guest speakers, rocket launchers, toothpick constellations, foil space creations, and more! Package day price includes all activities and two snack. Pre-registration required; limited space available.

PROGRAM	GRADES	DAYS	DATES	TIMES
Teacher Work Day TK-6		F	Jan. 13	7am-6pm
Cost: \$40 until Jan. 6, \$50/Jan. 7-Jan. 10				

Spring Break Camp “Tiny Wonders”

Hawthorne Elementary School

2125 Story Drive

Campers, get ready to explore all the tiny wonders under your feet. From ants to ladybugs to dirt and worms, this Camp will have it all. Be prepared to look under magnifying glasses and see some tiny creatures close up, to hike to South Hills and Meadow Park, and to get a little dirty. Campers will delight in crafts, games, science activities, an Earth Day celebration at Meadow Park (rain will cancel), two days of swimming at SLO Swim Center and field trips to Sinsheimer Park (rain will cancel). Spring Break Camp offers Campers ages 6-12 (5 years old if enrolled in Transitional-Kindergarten), a day Camp experience with activities including art exploration, indoor and outdoor discovery, cooking, science experiments, group games and much more. The *WEEK-LONG* package price includes one week of care, two trips to the SLO Swim Center (rain will cancel), one local trip around the Meadow Park area), two daily snacks and engaging activities. The per-*DAY* price includes all on-site activities, two daily snacks and any planned swim trips/on-site special events. **Spaces are limited - first come, first served registration.**

PROGRAM	GRADES	DAYS	DATES	TIMES	COST
Spring Break Camp	K-6		Mon-Fri Apr. 17-21	7:00am - 6:00pm	\$175/week, \$41/day By Apr. 7 \$185/week, \$43/day Apr. 8-11