

HOMELESS SERVICES

Prado Day Center (786-0617) (8:30 am - 4:00 pm, Every day) Showers, meals, laundry; Case management - 43 Prado Road, SLO; Call for Warming Station Info
Housing support program: Walk in/No appointment (M, Tu, W: 1:00 pm- 3:00 pm)

Maxine Lewis Memorial Shelter (781-3993) 5:00 pm -7:00 pm **ONLY** for Check-in for nightly bed; dinner, shower; case management - 750 Orcutt Road, SLO

Community Action Partnership South County Case Management (473-8210) 1616 Manhattan Ave., Grover Beach-Housing support program: Walk in/No appointment (Wed, 1:00 pm-4:00 pm)

ECHO-El Camino Homeless Organization (462-3663) 6370 Atascadero Ave., Atascadero: COME at 4:30 pm - 6:00 pm **ONLY** for check-in; Dinner at 5 pm, shower, bedding (if available)

San Luis Obispo County Community Services

EMERGENCY ASSISTANCE

211 SLO County Hotline - Dial 2-1-1 (24 hrs., Every Day) Free, confidential information about local assistance programs. English and Spanish
Mental Health (800-838-1381) (24 hrs., Every Day)
CRISIS (Threatening) Suicide Prevention, SLO County
SLO Hotline (T-MHA) (800-549-4499) (24 hrs., Every day) Mental health & emotional support and Suicide Prevention: Confidential, free
National Suicide Prevention Hotline (800-273-TALK) (-8255)

DOMESTIC VIOLENCE

North County Women's Shelter and Resource Center Off. (226-5400) 1030 Vine St., Paso Robles - Emergency shelter, case management, and counseling
Crisis Line (24 hrs., Every Day) (1-855-5SHELTE; 1-855-574-3583)
Women's Shelter Program of San Luis Obispo (781-6401) (24 hr.) Emergency shelter, case management, and counseling
Sexual Assault Recovery and Prevention Center (SARP) (545-8888) (24 hr., Every day) Crisis line and advocacy & counseling for survivors of sexual assault and their loved ones. 51 Zaca Lane #140, SLO (8:30 am-5:00 pm, Mon-Fri)

MEDICAL SERVICES

Community Health Centers of the Central Coast (CHC) (866-614-4636) for service and site location information, 8:00 am - 5:00 pm. Medical clinics in various locations across SLO County. Primary care and some specialty services.
SLO Noor Foundation Clinic - By appointment (439-1797) Volunteer-based free health care for uninsured people; 1428 Phillips Lane Suite B4, SLO; Clinic Hours 1:00 pm to 5:00 pm (Fri. & Sat. Only)
Public Health Department of SLO (781-5500) Immunizations; High risk infant follow-up; Communicable disease testing (Sexually transmitted, HIV, TB); Family planning; WIC Food and Nutrition Program; Tobacco cessation 2191 Johnson Ave., SLO; Selected services in Paso Robles (237-3050); Grover Beach (473-7050)
County Medical Services Program (CMSP) (781-4838) 2180 Johnson Ave., SLO; Limited authorized medical care for county residents between 21 & 64 who are not eligible for Medi-Cal and are unable to pay for medical care.
Center for Health and Prevention (CAPSLO) (544-2478) Reproductive health services, Menopausal services, for women, men, and teens (9 am-5 pm, Mon-Fri) 705 Grand Ave, SLO; (8:30 am-5:00 pm, Mon-Fri) 1152 E. Grand Ave., Arroyo Grande (489-4026)

FOOD

Food Bank of San Luis Obispo (238-4664) (Mon-Fri, 8:00 am-4 pm) Call for days and times of food distribution and meal sites across SLO County

People's Kitchen of South County - Hot Lunch (Mon-Sat, 11:30 am-1:00 pm; Sun, 1:00 pm-2:00 pm) 675 W. Grand Avenue (Between 6th & 7th St.), Grover Beach

Loaves and Fishes (238-4742) (Mon-Fri, 2:00 pm-4:00 pm) & (Tues & Thurs, 5:30 pm-7:00 pm) Food (Take-home groceries), Walk in Center, Counseling and Compassion; 2650 Spring Street, Paso Robles; 5411 El Camino Real, Atascadero (461-1504) (Mon-Fri, 1:00 pm-3:00 pm, Except Holidays)

Christ's Kitchen - Hot meal (Mon-Fri., 11:30 am-12:20 pm) Second Baptist Church, 1937 Riverside (at 20th), Paso Robles. Also, Showers and clothing (Tues & Thurs, 10:00 am-2:00 pm)

Peoples Kitchen of North County - Supper program of Transitional Food and Shelter (Mon-Fri, 5:00 pm-6:00 pm) Second Baptist Church, Paso Robles

TRANSPORTATION

Countywide Transportation Information (Dial 5-1-1) 24 hrs., Every day.
All **Transportation Types**, including RTA and SLO Transit; Public transportation, bus schedule and route information, Ride-Share, road conditions, roadside assistance

Ride-On (541-8747) Call for general transportation services (6:00 am-5:30 pm, Mon-Fri)

LEGAL ASSISTANCE

California Rural Legal Assistance (544-7994) (Mon, Tues, Thurs, Fri., 1:00 pm - 5:00 pm) Landlord/tenant, labor, and debt relief cases (no criminal or family law) 1011 #A Pacific St., SLO

VETERANS BENEFITS

SLO County Veterans Service Office (781-5766) 801 Grand Ave, SLO (9:00 am-5:00 pm, Mon-Fri) Assist & represent veterans (at no cost) in obtaining benefits and services earned through military service

Vet's Center (210-6634) US Dept. of Veteran's Affairs; Readjustment counseling and services for combat Veterans -1070 Southwood Dr. SLO (8:00 am-4:30 pm, Mon-Fri)

SOCIAL SERVICES

SLO County Dept. of Social Services (DSS) (781-1600) General Assistance, CalWORKs, CalFresh, Medi-Cal; 3433 S. Higuera, SLO; Nipomo, (931-1800); (Arroyo Grande (474-2000); Atascadero (461-6000); & Paso Robles, (237-3110)

Social Security Administration (885-207-4865) Social Security benefits and applications - 3240 S. Higuera, SLO (Mon-Fri, 9 am-4:00 pm)

S.A.F.E. Family Resource Center (474-2105) Serves children & their families; Case management; Connection to community resources in So. County: 1086 Grand Ave, Arroyo Grande (474-2105) (Mon-Fri, 8:00 am-5 pm); 1511 19th St., Oceano (474-3690); 920 W. Tefft St., Nipomo (473-5560) (Mon-Fri, 8:30 am-4:00 pm)
Coastal Family Resource Ctr. (540-3365) Serves children and their families; Case management; Connection to community resources. 880 Manzanita Dr., Room 18, Los Osos. Mon-Thurs, 9:00 am-Noon, & by appointment (also serves Morro Bay)
The LINK (466-5404) Parents and guardians of children in North County school districts, Case management, Family assistance referrals; 6500 Morro Rd., Ste. A, Atascadero (9:00 am - 5:00 pm, Mon-Fri)

SOCIAL SERVICES (Continued)

AIDS Support Network (781-3660) Referral services; Emotional support, food pantry; housing and financial assistance for those with HIV. 1320 Nipomo St., SLO (Mon-Thurs, 9:00 am-5:00 pm; Fri, 9 am-3 pm)

SLOHEPC Project (543-4372) Health & benefit counseling; Food pantry for those with HEPC. 1320 Nipomo St., SLO (Mon-Thurs, 9:00 am-5:00 pm; Fri, 9 am-3 pm)

Salvation Army - Call for available services, hours & locations: Atascadero (466-7201); Cambridge (927-4044); Morro Bay (772-7062); South County (481-0278); Paso Robles (238-9591); SLO (544-2401)

Catholic Charities (541-9110) Utilities and rental assistance when funds are available; 751 Palm Street, SLO (9:00 am-5 pm, Mon-Fri)

DISABILITY ASSISTANCE

Independent Living Resource Center (ILRC) (462-1162) Benefits, Assistive technology, Housing assistance, Referral services; 7425 El Camino Real, Ste. R, Atascadero; (9:00 am-5:00 pm, Mon-Fri)

MENTAL HEALTH, DRUG & ALCOHOL SERVICES

Mental Health Services - SLO County: For Appointments (800-838-1381) Clinic locations and emergency referrals: 2178 Johnson Ave., SLO (781-4700); North County: 5575 Hospital Drive, Atascadero (461-6060); South County: 354 S. Halcyon Rd., Arroyo Grande (473-7060) (All locations: Mon-Fri., 8:00 am-5:00 pm)

Drug and Alcohol Services - SLO County 2180 Johnson Ave, SLO (781-4275); 3556 El Camino Real, Atascadero (461-6080); 1523 Longbranch Ave., Grover Beach (473-7080) (All locations: Mon-Fri., 8:00 am-5:00 pm)

Transitions-Mental Health Association (T-MHA) (540-6500) Eliminating stigma, and promoting recovery and wellness for people with mental illness through work, housing, community and family support services. 784 High St., SLO

North County Connection: (462-8600) Peer support drop-in recovery center. Information, education, and referrals for treatment and recovery services. All inquiries are free, anonymous & confidential. www.northcountyconnection.com

Alcoholics Anonymous (541-3211) SLO County Central Office
Call for county-wide meeting schedule or www.sloaa.org
Narcotics Anonymous (800-549-7730) www.CENTRALCOASTNA.com

JOBS AND EMPLOYMENT

Business and Career One Stop Centers (903-1421) Multi-agency employment services; Application forms for State Disability Insurance & Unemployment Insurance Benefit (8:00 am-5:00 pm, Mon-Fri) 880 Industrial Way, SLO; 1800 Grand Ave., Suite H, Grover Beach (270-3100) (8:00 am-5:00 pm, Mon-Fri)

Cuesta College Career Connections (546-3204) Training services & classes to improve skills for the workplace; Assistance in job placement (8:00 am-5:00 pm, Mon-Fri (to Thurs, Summer)) Cuesta College Rm. 5301; Estrella Career Center (591-6273) Bldg. 4000, 2800 Buena Vista Dr., Paso Robles

California Dept. of Rehabilitation (549-3361) Employment services for eligible persons with physical and mental disabilities; (8:00 am-5:00 pm, Mon-Fri); 3232 S. Higuera, SLO

PERMANENT HOUSING SOLUTIONS

Housing Authority of San Luis Obispo (HASLO) (543-4478) Affordable housing; VASH; public housing and Section 8 program. 487 Leff St., SLO (7:30 am-5:00 pm, Mon-Fri, Closed alternate Fri) - Appointment recommended

Paso Robles Housing Authority - For updates on current redevelopment activities and future housing, visit web site: www.PasoroblesHA.org

Peoples' Self-Help Housing (PSHH) (781-3088) Provides affordable housing, homeownership opportunities, and housing counseling services throughout SLO County. 3533 Empleo St, SLO (8:00 am-5:00 pm, Mon-Fri)

Habitat for Humanity for San Luis Obispo County (782-0687) Builds and renovates homes to improve communities by partnering with families in need. (8:00 am-4:00 pm, Mon-Fri) www.hfhsloco.org

Energy Services - Community Action Partnership of San Luis Obispo
Call county-wide for utility payment assistance (541-4122, Ext. 14); Home repairs, furnace and water heater replacement, & weatherization (541-4122, Ext. 10); Mon-Fri., 8:00 am-4:00 pm (Toll Free 800-495-0501, Ext. 10 or 14)

SOBER LIVING ENVIRONMENT PROVIDERS

Gryphon Society (460-6710); Call 550-8140 for appointment - Sober living homes for men and women in SLO County; 1825 San Ramon Rd, Atascadero

Captive Hearts (481-4500) Faith-based sober living home in Grover Beach for women in SLO County - Call for appointment

Casa Solana (481-8555) Sober living home in Grover Beach for women in SLO County - Call for appointment

Middlehouse (544-8328) Sober living home in San Luis Obispo for men - Call for appointment

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