

SLO Swim Center - Pool Schedule 2014-2015

<i>Time of Day</i>	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Pool							
6am - 8am	Lap Swim						
6:30am - 8am						Lap Swim	
11:30am - 1:30pm (8/25/14 - 6/07/15)	Lap Swim						
11:40am - 12:30pm	Aqua Aerobics						
1:45 - 4pm (6/08/14 - 8/16/15)	Recreational Swim						
5:30pm - 7:00pm (8/25/14 - 6/05/15)	Lap Swim						
5:30pm - 7:30pm (6/08/14 - 8/14/15)	Lap Swim						
5:40pm - 6:30pm	Aqua Aerobics		Aqua Aerobics		Aqua Aerobics		

Therapy Pool							
8am - 9am	Warm Water Exercise		Warm Water Exercise		Warm Water Exercise		
9am - 10am	Warm Water Exercise		Warm Water Exercise		Warm Water Exercise		
11:30am - 12:30pm (8/25/14 - 6/07/15)	Shallow - All	Shallow - All	Shallow - All	Shallow - All	Shallow - All	Shallow - All	Shallow - All
12:30am - 1:20pm (8/25/14 - 6/07/15)	Deep - All	Deep - All	Deep - All	Deep - All	Deep - All	Deep - All	Deep - All
1:45 - 3:50pm (6/08/14 - 8/16/15)	Recreational Swim	Recreational Swim	Recreational Swim	Recreational Swim	Recreational Swim	Recreational Swim	Recreational Swim
5:30pm - 6:50pm	Shallow - All	Shallow - All	Shallow - All	Shallow - All	Shallow - All		
5:30pm - 6:50pm	Deep - All	Deep - All	Deep - All	Deep - All	Deep - All		
5:30pm - 7:20pm (6/08/14 - 8/14/15)	Shallow - All	Shallow - All	Shallow - All	Shallow - All	Shallow - All		
5:30pm - 7:20pm (6/08/14 - 8/14/15)	Deep - All	Deep - All	Deep - All	Deep - All	Deep - All		

Schedule Subject to Change, please visit the SLO Swim Center website for updated information

<http://www.slocity.org/parksandrecreation/aquatics.asp>

For monthly email updates, please email Devin Hyfield at dhyfield@slocity.org.