

72 HOUR KIT



ARE YOU PREPARED?

WHY DO YOU NEED A 72 HOUR KIT?

Tragic events may include wildfires, severe weather, earthquakes, severe outbreaks of a serious illness, tsunamis, terrorist attacks, and other such events. Those affected by an emergency situation may require first aid and may lack access to the basic necessities of life until aid and assistance arrives. In many cases, it may be one or even several days before food, water and medical assistance arrives from out of the area. During this time, those affected by a catastrophic or disastrous event will need to be self-reliant, and they will need to make use of the supplies that they have available in their home. Purchasing or creating a 72 hour kit will help you to be prepared for any emergency. The City of San Luis Obispo Fire Department strongly encourages you to be proactive, and ensure you and your family have the proper 72 hour kits packed and ready to go at a moment's notice.

SLOFD thanks you for your diligence!

IMPORTANT DOCUMENTS

- Birth/Marriage Certificates
- Bank Account Information
- Insurance Information
- Credit Cards
- Passports



FOOD AND WATER

- 3 Galls of Water Per Person
- Water Bottle with Microfilter
- Packaged Emergency Meals or Canned Goods (9 Per Person)
- Baby Formula
- Utensiles
- Can Opener
- Small Cook Stove



BEDDING & SHELTER

- Emergency Blanket
- Sleeping Bag
- Tarp/Tent
 - Car Seat

MEDICATION AND PERSONAL SUPPLIES

- Prescription Medication
- Ibuprofen
- Lotion/Sunscreen
- Eyeglasses/Contacts/Contact Solution
- Hearing Aids and Batteries
- Toilet Paper
- Diapers
- Toothbrush/Toothpaste
- Soap/Hand Sanitizer

EQUIPMENT AND CLOTHING

- First Aid Kit
- Face Mask (N95)
- Wind Up Flashlight/Radio
- Lighters/Water Proof Matches
- Batteries
- Multi Tool/Survival Knife
- Plastic Bags
- Change of Clothes
- Jacket

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