



SLO Swim Center



Fall | August 26 - December 1

Lap Swim Hours

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	6:00 - 8:00 am	6:00 - 8:00 am	6:00 - 8:00 am	6:00 - 8:00 am	6:00 - 8:00 am	Closed
11:30 - 1:30 pm	11:30 - 3:30 pm	11:30 - 3:30 pm	11:30 - 3:30 pm	11:30 - 3:30 pm	11:30 - 3:30 pm	11:30 - 1:30 pm
Closed	5:30 - 7:00 pm	5:30 - 7:00 pm	5:30 - 7:00 pm	5:30 - 7:00 pm	5:30 - 7:00 pm	Closed

AM lap swim is configured to 50-meter length. Afternoon and PM lap swim is configured to 25-yard length. Lap swim on Monday - Thursday at 11:30 am to 3:30 pm will be located in the shallow section of the Olympic Pool. Friday - Sunday Noon Lap Swim will utilize the whole Olympic pool during open hours.

Therapy Pool Hours

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:30 - 1:20 pm	11:30 - 1:20 pm	11:30 - 1:20 pm	11:30 - 1:20 pm	11:30 - 1:20 pm	*11:30 - 3:20 pm*	11:30 - 1:20 pm

The deep section of the therapy pool is reserved for adult use only from 11:30 - 1:20 pm. On Tuesday and Thursday from 12:40 - 1:30 pm, an Aqua Pilates class will be held in the deep section of the therapy pool.

Family Recreational Swim Hours

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	5:30 - 6:50 pm	5:30 - 6:50 pm	5:30 - 6:50 pm	5:30 - 6:50 pm	5:30 - 6:50 pm	Closed

PM Family Rec Swim will be held in the Therapy pool and may be utilized for several types of aquatics activities including recreational swimming, physical wellness, or working one-on-one with children.

Aqua Aerobics

M - Sat: 11:40 - 12:30 PM

Held in the Olympic Pool

Aqua Pilates

Tues and Thurs: 12:40 - 1:30 PM

Held in the Therapy Pool

Deep Water Exercise

M, W, F: 12:40 - 1:30 PM

Held in the Olympic Pool

Warm Water Exercise

M, W, F: 7 - 8 am, 8 - 9 am

Held in the Therapy Pool

SLO Swim Center Prices and Passes

Daily Use:

Adult: \$4.75 // Senior & Youth: \$4.25

Swim Scripts (10 Pass):

Adult: \$42.75 // Senior & Youth: \$38.25

30 Day Pass:

Adult: \$71.25 // Senior & Youth: \$63.75

*Warm Water Exercise: 10 Pass: \$60.00

Phone:

805.781.7288

Info Recording:

805.781.7284

[@sloparksandrec](https://www.instagram.com/sloparksandrec)



www.sloswimcenter.org